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classified into 3 main interrelated domains, medical, biological and social.

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## **Center for Circadian Biology**

Journal Chronobiology International The Journal of Biological and Medical Rhythm Research Volume 25, 2008 - Issue 2-3. Submit an article Journal homepage. 683 ... review of the literature but serves to highlight the complexities in understanding the relationship between shift work and aging.

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## **Chronobiology International: Vol 37, No 12**

Steven A. Shea, PhD Professor and Director Oregon Institute of

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Occupational Health Sciences. The goal of Dr. Shea's research is to understand the biological basis behind changes in disease severity across the day and night, and to understand the physiological and adverse health effects of shift work.

## **Clinical Physiology and Chronobiology Program | OHSU**

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1. What is chronobiology, and why is it important for shift workers to understand its significance? 2. What are chronotypes and how do they influence our ability to work specific shifts? 3. How incorporating plant-based food options into workplace canteens is improving the health of employees. 4.

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Guests: Michael Smolensky \* Author, The Body Clock Guide to Better Health (Henry Holt and Company, 2000) \* Editor, Chronobiology International \* Co-founder and former director, Herman Hospital ...

## **Chronobiology : NPR**

"Chronobiology is of particular applied significance since modern society demands that people perform outside of their evolved temporal niche. Artificial lighting, shift-work, and trans-meridian jet travel all represent chronobiological novelties that affect the health and safety of millions."

## **UC San Diego Establishes Center for Chronobiology**

Chronobiology (n., from Gk chronos = time, Gk bios = life and Gk logos = science) is a computer-aided tool for objectively quantifying, mapping and investigating mechanisms of biological time structures, including those in the otherwise neglected normal range. It is here defined by the criteria of the authors who do not claim to be representative of the views of others who accept the fiction ...

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